

Hello again.

Here's that list I promised you of the many kinds of problems that are typically solved by Radical Forgiveness.

- First — Relationship problems of all kinds. Believe me, there is no better way to deal with relationship problems than through Radical Forgiveness. This is why we created a whole strategy for this. See it down there on the right menu - Radical Relationships.
- Second — Old hurts (I'm talking here about the pain associated with things like being abandoned, rejected, sexually abused, cheated on, betrayed, abused, shamed, unfairly treated, raped, discriminated against and so on,
- Third — Anger towards people who have wounded you (including parents, siblings, spouses, ex-spouses, partners, your boss, professional service people, and so on.)
- Fourth — Mistreatment by institutions or organizations (such as governments, press, churches, cults, groups, the justice system, the medical system, etc.
- Fifth — Significant body weight - people don't appreciate that unresolved emotional issues have a big part to play in causing us to gain and hold weight. Again, you'll notice that there is a strategy for that too. Radical Weight Loss.
- Sixth — Bad health. Again, we don't appreciate how much lack of forgiveness can cause a lot of problems in the body. Many symptoms go away when you forgive using Radical Forgiveness.
- I should mention too the potential for Cancer - People who have a hard time forgiving seem to have a tendency towards getting cancer. Radical Forgiveness is definitely a way of preventing cancer and if you have it, or have had it, then Radical Forgiveness should definitely be included in your treatment protocol.

So, there you are. If you are hurting or struggling with any of those problems; if you are mad at somebody, feeling victimized, depressed, grieving or angry, then Radical Forgiveness could be the solution you have been looking for to improve your life and find peace and happiness.

Thanks for listening, be well and know that you are blessed.