

## The PowerShift Group Method

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In his classic book, *Think and Grow Rich*, Napoleon Hill elaborated an idea that has circulated for thousands of years: That a group of two or more like-minded, spiritually-attuned individuals could dramatically leverage each other's "success" in the world. With this principle in mind, new thought groups around the world have formed Mastermind Groups, Conscious Living Circles and others.

The principle is this: When two or more minds come together and combine their energies in holding an intention, they create a powerful, invisible force that is a combined, whole and *powerful* Mind. This force is so great that it connects with Universal Mind, which, in turn, influences the creative energies of the entire universe. Thus, amazing things happen, or become manifest in our lives, and we get what we held an intention to create.

This is the basis of the *Radical Empowerment* "PowerShift Group." This process is best performed with a group of, ideally, four to six people. We have learned over the years with *Radical Forgiveness* that it is easy to be in a high vibration when we associate with people of the same mind. We have also learned that if we at any time go into our victim/shortage mode, these people lovingly point this out and help us see the perfection and remember who we truly are – powerful co-creators.

The PowerShift Group process will help you stay in the *Radical Empowerment* vibration and attuned to the belief that there is no shortage of anything and that you can have what you ask for. The purpose of the group is to help each other manifest what they want and achieve their goals by tapping into and leveraging each other's Spiritual Intelligence and the creative power inherent in the *Radical Manifestation* process.

This is NOT done by giving advice or therapy. The six-step PowerShift process is ALL we do in the group session. If there is some help of a practical nature to be given, this must be done at another time and on a separate call.

The PowerShift Group can be done in-person or, more likely, over the phone. It works perfectly well over the phone. We suggest that it be a weekly conference call scheduled at the same time each week so that it becomes an established pattern. It should take no more than 45 minutes to an hour, or less, depending on how many you have in the group.

It's up to you to decide whether each person reads aloud all 6 steps as you go around, or everyone reads together steps #1, #2 and #3, leaving the individual to read # 4 and make his or her request for support in consciousness in creating what they want, and to read aloud #6 after the group response.

# The Radical Empowerment *PowerShift* Process

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## 1. Spiritual Intelligence

I recognize that there is only one power in the Universe and that, through the gift of Spiritual Intelligence, I am able to connect with and utilize this Divine power for good purpose in my life. I am one with Universal Intelligence and It expresses itself through me.

## 2. Radical Forgiveness

In recognition of my Oneness with Universal Intelligence, I am willing to let go of any and all forms of victim consciousness and to ‘radically’ forgive anyone and anything over which I might still feel any form of grievance or discomfort. I am willing to see and feel the Divine perfection in all situations.

## 3. Surrender

I believe that the Universe is a place of Divine Abundance and that by opening myself, in humility and with an egoless mind, to the power of Universal Intelligence, I can co-create my life. Even as I ask for what I want, I am open to receive the abundance of the Universe in whatever form it arrives knowing that I will always be divinely blessed.

## 4. Radical Manifestation

As I connect now with my own Divinely gifted, creative power to manifest form and create circumstances in this world, I am aware that the power comes only from Source — Universal Intelligence. In knowing this, I make my request to Source for guidance and help in manifesting . . .

## 5. Radical Empowerment — *Group Response*

“We love and support you in your power and know that the connection you have made with the most powerful creative force in the Universe is empowering you now to manifest all that you desire — and we know that it is already done.”

## 6. Gratitude

Thank you. Knowing that time and space is not operative here and that it is indeed already done, I am allowing myself to feel the emotions of already having my requests granted and the guidance given me. I am feeling \_\_\_\_\_

(e.g. excited, joyful, happy, peaceful, grateful, thankful, energized, expectant and enthusiastic.)